

Gokčansko

(Serbia)

Gokčansko is also known as "Prosto" (simple). Gokča is one of the villages around the Studenica monastery.

Pronunciation: GOHK-chahn-skoh

Cassette: Slobodan Slović Cassette 1991 Side B/7.
"Serbian Folk Dances" SS-3 Side B/5 1988.

2/4 meter

Formation: Hands joined low, mixed lines.

Meas

Pattern

No introduction.

PART I.

- 1 Facing slightly R, moving LOD, wt on L, hop on L (ct 1); step on R (ct &); step on L (ct 2).
- 2 Repeat meas 1.
- 3 Using small steps, step on R (ct 1); step on L (ct &); step on R (ct 2).
- 4 Step on L (ct 1); step on R (ct &); step on L (ct 2).
- 5-8 Repeat meas 1-4.

PART II.

- 1 Facing ctr, step in place on R, raising L knee slightly across R leg (ct 1); step in place on L, raising R knee slightly across L leg (ct 2).
- 2 Repeat meas 1.
- 3 Moving sdwd in LOD, step on R (ct 1); close L, taking wt (ct &); step on R (ct 2); close L, taking wt (ct &).
- 4 Step on R (ct 1); close L, taking wt (ct &); step on R (ct 2); close L without wt (ct &).
- 5-8 Repeat meas 1-4 with opp ftwk and direction.

PART III.

- 1 Facing ctr, slight leap sdwd on R, thrusting L fwd in front of R (ct 1); slight leap sdwd on L, thrusting R ft in front of L (ct 2).
- 2 Step in place on R,L,R (cts 1,&,2).
- 3 Long step fwd twd ctr on L (ct 1); step back on R (ct 2).
- 4 Step in place on L,R,L (cts 1,&,2).
- 5 Hop on L (ct 1); step on R (ct &); step on L (ct 2), moving twd ctr.
- 6 Jump on both ft with R slightly fwd (ct 1); hop on R, raising L up behind (ct 2).
- 7 Hop on L, raising and crossing R ft slightly behind (ct 1); hop on R, raising and crossing L ft slightly behind (ct 2).
- 8 Repeat meas 7.
- 9 Hop on R (ct 1); step fwd on L with slightly bent knees (ct &), close R instep to L heel with slightly bent knees (ct 2).
- 10 Step fwd on L (ct 1); close R instep to L heel (ct &); step fwd on L (ct 2); close R instep to L heel (ct &).
- 11 Step fwd on L (ct 1); step back on R (ct 2).
- 12 Step directly behind R on L (ct 1); step directly behind L on R (ct &); step directly behind R on L (ct 2); hold with R ft slightly in front (ct &).

Presented by Slobodan Slović